

# Digital Life and Artificial Intelligence Training

online ●●●



Co-funded by  
the European Union



January 13, 2026 – February 9, 2026

Sapienza University is organizing a free 36-hour international **online training** for trainers, educators, youth workers, and teachers.



- ✓ 4 modules, 12 sessions
- ✓ Hands-On Training
- ✓ Final certificates



SAPIENZA  
UNIVERSITÀ DI ROMA



[www.safe-changes.eu](http://www.safe-changes.eu)



# Program ...



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## **Module 1 – Digital Safety and AI for Youth Work**

Online safety, youth vulnerabilities, and the role of AI in content.



## **Module 3 – Ethical & Responsible AI for Youth**

Ethical and social issues related to AI, managing digital risks, and tools to guide young people toward safe and responsible use of AI.



## **Module 2 – AI Literacy for Youth Workers**

How AI works, its biases and errors, and the development of critical skills to analyze AI-generated content.



## **Module 4 – Final Collaborative Project: Designing Youth Workshops**

Co-design of replicable educational workshops and practical application in international collaboration.



**SAFE  
CHANGES**

Social Awareness and Financial, Emotional  
Connecting Headways for the Advancement  
of New Generations' Electronic Safety

The training is conducted in **English** and involves participants from various Mediterranean countries, who will engage with these topics through practical, hands-on activities.

## Who can participate ...



educators



teachers



youth/social workers



psychologists



social workers



third-sector workers





## Why enroll?



- ✓ Quality training: course organized by Sapienza University of Rome
- ✓ Double certification: Sapienza participation certificate and European Youthpass
- ✓ Strategic skills in digital safety, artificial intelligence, and project design
- ✓ International professional network: engage with professionals and peers from different countries
- ✓ Free: no participation fee
- ✓ Online: the course is synchronous and can be attended from home



## Information ●●●



Co-funded by  
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## SAFE CHANGES

Social Awareness and Financial, Emotional  
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of New Generations' Electronic Safety

## To register ●●●

Fill out the form



<https://ee.kobotoolbox.org/x/Rhv05pQZ>

